I have lived with pain for years as a result of ___________________. My pain is so severe that it has resulted in ____________________. When I have sought pain management in the past, it's been ________________. I've been made to feel ____________________.

A few things that help reduce my pain and improve my quality of life are ____________________.

I pursued these treatment options because _____________________. What has not helped is _____________________. Unfortunately, some barriers that prevent me from getting the pain relief I need are _____________________. I really wish pain management was more _____________________. As a country, we need to do more _____________________.

suggested improvements