

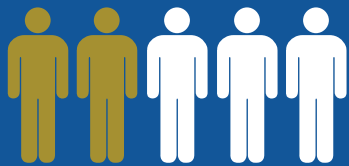
WHAT IS CHRONIC PAIN?

Chronic pain can be defined as pain that persists most days or every day for six months or more. For some individuals, pain can last an entire lifetime.

Chronic pain can take many forms

- MILD TO SEVERE
- INTERMITTENT TO CONTINUOUS
- ANNOYING TO DISABLING

Prevalence



50 MILLION

American adults, or 20 percent of the population, live with chronic pain.

20 MILLION

American adults live with high-impact pain, or pain that limited life or work activities on most or every day for the last six months.

Musculoskeletal pain, back pain, neck pain, migraine or headache pain, and knee pain are the **MOST COMMON CAUSES** of chronic pain.



Impact and costs



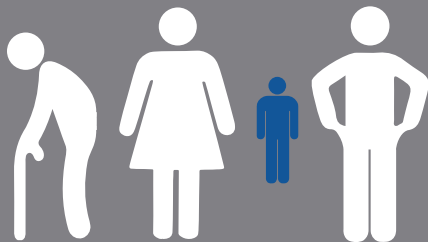
Chronic pain is **THE LEADING CAUSE** of long-term disability in the United States. It can affect every aspect of an individual's quality of life.



People with chronic pain are **3-4X MORE LIKELY** to experience anxiety and depression and are 2x as likely to consider suicide.



Since 2010, the nation spends up to **\$635 BILLION EACH YEAR** in medical treatments, disability payments, and lost productivity.



CHRONIC PAIN PATIENTS ARE OFTEN OVERLOOKED AND UNDERTREATED.



Veterinary students **SPEND 5X** as many education hours focused on pain management as medical students.



There is **NO SINGLE, FULLY EFFECTIVE** treatment for chronic pain.



For every **10,000 PEOPLE** with severe pain, there is only **ONE BOARD-CERTIFIED** pain specialist.



Patients receive an average of **ONLY 30% PAIN REDUCTION** from their various treatments.



The National Institutes of Health dedicates approximately **2 PERCENT** of its funding to pain research.



Studies have shown that **MINORITY GROUPS** and other marginalized populations are at risk of receiving suboptimal pain management.

For more information or to get involved, visit www.uspainfoundation.org.

SOURCES

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