



Saturday, October 20, 2018  
Chicago  
9am – 3pm

## Agenda

*For speaker bios, [click here.](#)*

- |                |  |
|----------------|--|
| 9–9:45 AM      | <b>Registration</b>  |
| 9:45–10 AM     | <b>Opening Remarks</b><br>Nicole Hemmenway<br>Interim CEO, U.S. Pain Foundation  |
| 10-10:45 AM    | <b>Coping with the Psychological Impact of Chronic Pain</b><br>Melissa Geraghty, PsyD<br>Clinical Health Psychologist  |
| 10:45-11:15 AM | <b>Pain, Science, and Self-Efficacy: Understanding and Changing Pain</b><br>Sandra Hilton, PT, DPT, MS<br>Physical Therapist at Entropy Physiotherapy and Wellness |
| 11:15–11:45 AM | <b>Be Heard: Tips from a Policy Geek and Pain Warrior</b><br>Katy Brennan<br>State Government Intern and INvisible Project Participant                             |
| 11:45–12:15 PM | <b>Lunch</b>   |
| 12:15–12:45 PM | <b>Using Your Voice to Impact Change</b><br>Tiffany Westrich-Robertson<br>CEO & Founder, International Foundation for Autoimmune & Autoinflammatory Arthritis      |
| 12:45–1:15 PM  | <b>Yoga and Movement for Pain</b><br>Rachel Horcher, LMT<br>Licensed Massage Therapist and Registered Yoga Teacher   |
| 1:15-2 PM      | <b>The Transformative Power of Words and Story</b><br>Elizabeth Turner<br>Journalist and Therapeutic Writing Facilitator at e3 LL *encourage*empower*equip         |
| 2-2:30 PM      | <b>Medical Marijuana For Pain Management</b><br>Jose Gonzalez Jr.<br>Executive Director of Educated Alternative  |
| 2:30-3 PM      | <b>Stress and Pain: How to Stop the Cycle</b><br>Beau Blakeley, DC<br>Family Wellness Chiropractor at The Wellness Path - Chiropractic Center                      |



**NATIONAL  
INFUSION CENTER  
ASSOCIATION**



**U.S. PAIN  
FOUNDATION**

