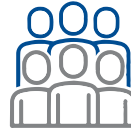


UNDERSTANDING THE NEW FEDERAL REPORT ON PAIN CARE



WHY WAS THE REPORT CREATED?

The report was **mandated by Congress** in Section 101 of the Comprehensive Addiction and Recovery Act. The stated goal was to update best practices and recommendations on pain management for the nation, including federal agencies like the FDA and CDC.



WHO CREATED THE REPORT?

Secretary of Health and Human Services Alex Azar appointed 29 experts in pain management and substance use disorder to an advisory group known as **the Pain Management Best Practices Inter-Agency Task Force**.



U.S. PAIN FOUNDATION TOOK AN ACTIVE ROLE.

- **Cindy Steinberg**, National Director of Policy and Advocacy, was the only patient appointed to the task force.
- Two U.S. Pain Foundation staff members gave patient testimony at task force meetings.
- U.S. Pain Foundation also led the development of feedback submitted by the Consumer Pain Advocacy Task Force, a coalition of 11 pain patient-related groups.

MAJOR TAKEAWAYS OF THE REPORT

1. Pain is an **enormous public health problem** with profound individual and societal consequences.
2. Best practice in pain management is achieved through an **individualized, multimodal, multidisciplinary, integrated** model of care.
3. Stigma and a lack of patient, provider, and public education create **barriers to care**.
4. The risk-benefit balance for opioid management must be carefully considered on an **individual basis**.



"IT WILL NOT ONLY IMPROVE PAIN CARE FOR AMERICA'S PATIENTS, BUT ALSO HELP END THE NATION'S OPIOID EPIDEMIC."
– **the American Medical Association**



"THE RECOMMENDATIONS IN THE DRAFT REPORT, WHEN IMPLEMENTED, WILL GO A LONG WAY TOWARD REDUCING OVERALL OPIOID CONSUMPTION AND DEPENDENCE."
– **Center on Addiction**



"THE RESULT IS A SERIES OF RECOMMENDATIONS THAT ARE THOROUGH, WELL-BALANCED, AND EASILY ENDORSED BY PEOPLE WITH PAIN AND THE ORGANIZATIONS THAT REPRESENT THEM."
– **Consumer Pain Advocacy Task Force**



THE SECTIONS OF THE REPORT

- Approaches to pain management
- Medication
- Restorative therapies
- Interventional procedures
- Behavioral health approaches
- Complementary and integrative health
- Special populations
- Stigma
- Education
- Access to pain care
- Review of the CDC guidelines

Now that the report is finalized, it's time to urge Congress to implement its recommendations.



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<http://bit.ly/PMTFtoolkit>

