Script 1 Template - For those managing multiple chronic conditions

“U.S. Pain Foundation’s recent survey showed that 95% of respondents live with more than one chronic pain condition – just like me. I have lived with _____, ________, and _______ for ___ (months/years). These conditions have impacted the quality of my life in so many ways, such as _________. I have faced _____ challenges too. This is #LifeWithPain.”

>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life living with multiple chronic conditions. <<<
This is who we are!
2022 PAIN AWARENESS MONTH

Script 2 Template - Stigma

"U.S. Pain Foundation's recent survey shows that 79% of respondents feel stigmatized because of chronic pain. I have faced many stigmas living with ____________. The stigmas include ____________. It makes me feel __________. This is #LifeWithPain."

>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and the stigma you have faced because of it. <<<

#LifeWithPain
Script 3 Template - When cost has created access barriers

“U.S. Pain Foundation's recent survey shows that 49% of respondents report cost as being the main barrier to treatment. I have wanted to try _____ and _______ to help manage pain from ________. But because of cost, I cannot access these treatments. I feel ___________. This is #LifeWithPain.”

>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and the barriers cost has caused in accessing care. <<<
Script 4 Template - For those who face challenges surrounding opioid medication

“U.S. Pain Foundation's recent survey shows that of the respondents taking opioids to manage their pain, 94% have faced barriers due to the CDC Guideline for Prescribing Opioids for Chronic Pain from 2016. I have lived with __________ condition/pain for ____ (months/years). I have repeatedly faced ________ barriers trying to obtain my medication. I feel _________. This is #LifeWithPain.”

>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and the challenges you have faced accessing your medication. <<<

#LifeWithPain
"U.S. Pain Foundation's recent survey reports that 19% of respondents living with chronic pain utilize medical cannabis. This number may seem low, but that is because medical cannabis is not legal in every state – including mine. In fact, the survey also reported that 43% of individuals in states where it is illegal said they would try medical cannabis if it were legalized. I have lived with _______ condition/pain for ____ (months/years). Knowing there is a potential therapy available that could offer me pain relief, and yet because of where I live, I am unable to attain that medication option, is unfair. I feel ________. This is #LifeWithPain."

>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and how you feel not being able to access medical cannabis because of where you live. <<<