

# *This is who we are!*

## 2022 PAIN AWARENESS MONTH

### **Script 1 Template - For those managing multiple chronic conditions**

"U.S. Pain Foundation's recent survey showed that 95% of respondents live with more than one chronic pain condition – just like me. I have lived with \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ for \_\_\_\_\_ (months/years). These conditions have impacted the quality of my life in so many ways, such as \_\_\_\_\_. I have faced \_\_\_\_\_ challenges too. This is #LifeWithPain."

*>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life living with multiple chronic conditions. <<<*

# *This is who we are!*

## 2022 PAIN AWARENESS MONTH

### Script 2 Template - Stigma

"U.S. Pain Foundation's recent survey shows that 79% of respondents feel stigmatized because of chronic pain. I have faced many stigmas living with \_\_\_\_\_. The stigmas include \_\_\_\_\_. It makes me feel \_\_\_\_\_. This is #LifeWithPain."

*>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and the stigma you have faced because of it. <<<*

# *This is who we are!*

## 2022 PAIN AWARENESS MONTH

### **Script 3 Template - When cost has created access barriers**

“U.S. Pain Foundation's recent survey shows that 49% of respondents report cost as being the main barrier to treatment. I have wanted to try \_\_\_\_\_ and \_\_\_\_\_ to help manage pain from \_\_\_\_\_. But because of cost, I cannot access these treatments. I feel \_\_\_\_\_. This is #LifeWithPain.”

*>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and the barriers cost has caused in accessing care. <<<*

# *This is who we are!*

## 2022 PAIN AWARENESS MONTH

### **Script 4 Template - For those who face challenges surrounding opioid medication**

“U.S. Pain Foundation's recent survey shows that of the respondents taking opioids to manage their pain, 94% have faced barriers due to the CDC Guideline for Prescribing Opioids for Chronic Pain from 2016. I have lived with \_\_\_\_\_ condition/pain for \_\_\_\_ (months/years). I have repeatedly faced \_\_\_\_\_ barriers trying to obtain my medication. I feel \_\_\_\_\_. This is #LifeWithPain.”

*>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and the challenges you have faced accessing your medication. <<<*

**#LifeWithPain**



# *This is who we are!*

## 2022 PAIN AWARENESS MONTH

### **Script 5 Template - For those who cannot access medical cannabis because it is illegal in their state**

"U.S. Pain Foundation's recent survey reports that 19% of respondents living with chronic pain utilize medical cannabis. This number may seem low, but that is because medical cannabis is not legal in every state – including mine. In fact, the survey also reported that 43% of individuals in states where it is illegal said they would try medical cannabis if it were legalized. I have lived with \_\_\_\_\_ condition/pain for \_\_\_\_ (months/years). Knowing there is a potential therapy available that could offer me pain relief, and yet because of where I live, I am unable to attain that medication option, is unfair. I feel \_\_\_\_\_. This is #LifeWithPain."

*>>> Remember, this is just an idea of what you could say live. You also can just talk freely about your life with pain and how you feel not being able to access medical cannabis because of where you live. <<<*

**#LifeWithPain**

