

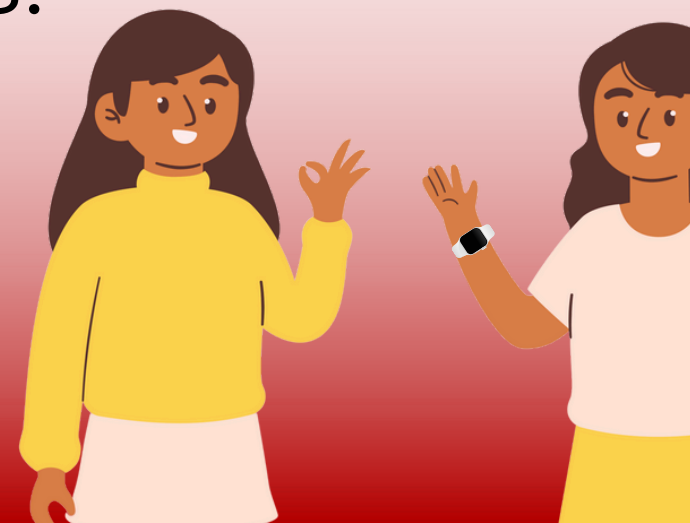
STANFORD TRAC-PAIN STUDY



The Stanford **TRAC Pain Study**

Stanford researchers are doing a study to learn more about long-term pain in young people! Eligible participants will wear a smart watch or other wearable device — no changes to your routine are needed.

Your participation will advance future pain treatments!



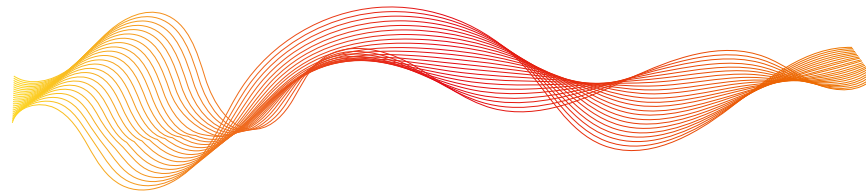


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What is Chronic Pain?



Chronic pain is pain that has lasted 3 months or longer. Your pain may disrupt your daily life and ability to perform daily tasks. Some people with chronic pain



Am I eligible?



- Age 14-24
- Have chronic pain (pain in your muscles or joints lasting 3 months or more)

How to participate:

- Wear an smart watch or another wearable device for 12 weeks
- Answer surveys on a mobile app
- Complete tasks on Zoom or the mobile app
- Earn up to \$210 for completing the study



Interested?

[Click here](#) or scan the QR code to
complete an interest form!

Questions? Contact the study team at
trac_pain_study@stanford.edu.

For complaints, concerns, or Participant's rights, contact
1-866-680-2906.



Instagram caption/ Long-form text post:

Dr. Laura Simons, PhD, and her team at Stanford Medicine are conducting a study to learn about chronic pain in adolescents and young adults. They are seeking participants aged 14-24 across the U.S. to help develop personalized pain treatments using smartwatches or other wearable devices. If you experience chronic pain (pain lasting more than 3 months in 1+ muscles or joints of the body), you may be eligible to join the study! No changes to your daily life are needed. Participation involves wearing a smartwatch and participating in activities on a mobile app and with the study team on Zoom! Participants will help further research and development of personalized pain treatments for young people.

Interested? Read about the study at: bpp.stanford.edu/trac-pain, or complete an interest form at <https://redcap.link/tracpainstudy>.

Relevant Links

- BPP Lab Website: bpp.stanford.edu
- Study Website: bpp.stanford.edu/trac-pain
- Interest form: <https://redcap.link/tracpainstudy>

Short-form text post:

Stanford researchers are seeking participants aged 14-24 for NIH-funded “TRAC-Pain Study” to develop personalized pain treatments for young people using smartwatches. If you have chronic pain (lasting >3 months), you may be eligible! No lifestyle changes required. Interested? See below.